

**Partners:**

DeKalb Initiative for Children & Families, Inc.  
DeKalb County DFACS  
DeKalb County Workforce  
DeKalb County Board of Education  
Salem Middle School  
Bethune Middle School  
Exchange Park  
DeKalb County Parks and Recreation  
DeKalb County Board of Health  
4-H Council  
Bright from the Start  
Browns Mill Parks & Recreation  
Field Of Dreams Foundation

**Sponsors:**

Florence H. Maxwell Foundation  
Atlanta Braves Foundation  
Build A Bear Workshop Foundation  
Banfield Charitable Foundation  
Wal Mart  
Coldwell Banker  
Chou Lee's Restaurant  
New Dimension Church  
Kroger  
Nestles Corporation  
Air Tran Airways  
Jim Ellis Porsche  
U.S. Army

**Inspiring Kids Academy  
C.O.A.C.H Program Members**

- C - Community**
- O - Outreach**
- A - Advocate**
- C - Collaborative**
- H - Helper**

**Carl Lane  
Walter Neal  
Rodney Russell  
Kendall Simmons  
John Williams  
Anthony Jackson  
Shawn Scott  
Pedro Sanders  
Quinton Truitt  
Melvin Potter  
Terence Smith  
Gregory Afflick  
Christopher Hawkins**



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**Inspiring Kids Academy, Inc.**

*“Our Commitment is to Inspire  
Children and Youth to Make a Positive  
Contribution to Society”*



**Mission Statement**

To provide the tools for students in the DeKalb County area of Georgia with a focus of building a better life for themselves and future generations through education, health and fitness, the game of baseball and connections with the broader community.



# Inspiring Kids Academy Program Description

Inspiring Kids Academy, Inc. a non profit organization founded May 31, 2005. We support children and youth in the DeKalb County region of Georgia. Below is a brief description of our program and who we serve. Our mission is to provide the tools for students in the DeKalb County area of Georgia. Our focus is to assist in building a better life for our participants and future generations through education, health, nutrition, fitness, and athletics while connecting them with a broader community. Inspiring Kids Academy program provides a year round after school program to children and youth ages 5 – 16. Our program is comprised of four key components:

**1. Education** - Homework Assistance, Math, Science, Social Studies Tutorial, Summer Bridge Packet, SAT Prep, Georgia High School Exit Exam Preparation. Expected Results- to improve overall academic achievement for each participant

**2. Health, Nutrition / Fitness & Athletics - Baseball/Softball Speed, Power, Agility, Reaction, and Quickness**--this program is designed to improve speed, acceleration and first step speed, bat speed and power, overall athleticism, and injury prevention.

Expected results include increased speed in the 20/30 yard dash;

increased core strength, bat Speed, quickness, agility, change of direction; and shoulder stability.

A major focus of this program is to decrease injury risk to the knee, lower back, shoulder, and elbow. To provide health nutrition and wellness education to serve as a prevention for childhood diseases such as diabetes and obesity. The expected outcome is to teach children how to live a long and healthy life.

**3. Life Skills** - A healthy **Self-Concept** which includes the three skills of: **A). Know Yourself B). Love Yourself C). Be True To Yourself**. The **Critical Thinking** that is needed to work on developing and honing the rest of the skills including: **D). Having A Personal Value System E). Perspective F). Have An Open Mind G). Sense Of Humor H). Resilience I). Acceptance**. This portion of the program is combined with our focus on prevention child abuse, abstinence and aids awareness.

**4. Teen Workforce Development-** Educates and assists students in gaining summer employment through our partnership with the

DeKalb County Youth Workforce Department. Expected results:

To provide interviewing skills, training and development to assist teens in getting 100 summer jobs.

The Inspiring Kids Academy fall and winter fitness, baseball / softball training runs from August 1 – End of February. This portion of the program allows boys and girls participants ages 5-16 to focus of fitness, health and wellness and baseball and softball instructions.

This service is provided to over 100 at risk and underserved participants every weekend with the exception of holidays.

The summer enrichment and fitness camp provides a Summer Bridge Booklet to over 200 boys and girls participants ages 5-12 and we provide SAT and the Georgia High School Exit Testing exam preparation to teens ages 13-16. We promote healthy eating, fitness, child abuse prevention, abstinence awareness, teen summer workforce (we are a summer workforce site and we provide over 50 summer jobs to teens and young adults ages 14-24) and baseball & softball fundamentals. It is designed to teach boys and girls ages 5-16 the importance of education, living healthy lifestyles, getting and remaining fit and learn the game of baseball.

